



SMILE GARDEN

Dentistry from infancy to adolescence

Caring for Your Child After Their Sedation Appointment

1. Following sedation children may be sleepy or irritable. If your child naps, his/her head should be positioned so that they can breathe easily. Usually having your child lay on their side will be adequate. This also helps if your child should become nauseated and vomit. An adult must be with your child at all times-even when sleeping during the day.
2. ONLY ALLOW YOUR CHILD TO EAT AFTER HE/SHE IS FULLY AWAKE. If your child is thirsty or hungry, begin with small amounts of clear liquids (7-Up, water, clear juice) for two hours after their appointment. If this is tolerated, then other liquids and soft foods are OK. Generally, a child will do better if kept to a light diet for the remainder of the day.
3. DO NOT allow your child to walk or play unattended until he/she is fully alert. Balance may be affected for several hours. Your child should not be allowed to over-exert themselves or be involved in excessive physical activity for the rest of the day. They should not be sent back to school the same day.
4. Your child had local anesthetic (numbing medicine) in one or more areas of the mouth. Please watch that they do not bite their lip, tongue, or cheek while they are numb.
5. Some pain or slight swelling in the mouth may occur after the appointment. Give Children's Motrin or Tylenol as soon as you get home and every 4-6hrs for the rest of the day, as needed.
6. If the condition of your child after you leave the office seems unusual or if you have a question, DO NOT HESITATE TO CALL OUR OFFICE IMMEDIATELY. Call us immediately if:
 - a. You are unable to arouse your child
 - b. Your child is unable to eat or drink
 - c. Your child experiences excessive vomiting or pain
 - d. Prolonged severe pain, fever, or swelling

In case of emergency call 911.

Our telephone numbers are:

Clinic: 613-384-0090

Dentist: _____

Today your child was treated with the following medications:

- Midazolam (Versed), Hydroxyzine (Atarax)
- Midazolam (Versed)
- Triazolam (Halcion)
- Other _____